

GRYPHON VOLLEYBALL CLINICS 2022

The Gryphon Volleyball Clinic is for youth in grades 3 to 9 who want to learn more and improve in the sport of volleyball in a developmental setting. Both individual skills and team connection will be the focus through drills and organized activities. The fundamentals of serving, passing, setting, hitting, and blocking will be covered along with defensive stance, postures and rolls. The program will consist of skill building sessions and clinics.

This program is led by Radnor resident, Coach Tom Lowy. Coach Tom has nearly a lifetime of volleyball experience, both as a coach and player. He currently plays competitively at the elite and national level. His knowledge and enthusiasm for the sport is contagious!

Players must wear athletic shoes with traction as well as knee pads - you must provide your own. Please bring a water bottle, a volleyball if you have one (labeled with your child's name), a hand towel and your imagination! We also recommend soft wrist bands for younger players who are still developing their bumping skills.

<u>Registration Information:</u>

Location: Radnor Activity Center (Sulpizio Gym)

125 South Wayne Avenue, Wayne

Schedule: Wednesdays, April 20 - May 25

(No program 5/4)

- Session 1: Grades 3-5, 5:30-6:30 PM
- Session 2: Grades 6-9, 6:30-7:30 PM

Registration & Fees:

- Radnor Residents \$90
- o Non-Residents \$120
- Register online at www.radnorrecreation.com

All details are subject to change. In the event of unforeseen situations such as those imposed by inclement weather or health and safety issues, this program may be canceled. We will make every attempt to reschedule as possible. Refunds may or may not be offered.

