## Radnor Township Board of Health Meeting Minutes May 16, 2016

Present: Ms. Linda Schanne, Dr. Andrew Forman, Ms. Mary Ann McCarthy, Dr. Amy

Leader, Dr. Nancy Hopko, Dr. Joan Capuzzi,, Ms. Kathy Dunne

BOC Liaison: Mr. John Nagle

Radnor Township Health Officer: Mr. Larry Taltoan Radnor Township School District: Mr. Kevin Kane

Radnor Township Students: Emilija Sagaityte & Neal Chan

The meeting was called to order at 5:30 pm, followed by the Pledge of Allegiance.

- I. Review and approval of April 18, 2016 meeting minutes
- II. Health Officer's Report (for April 2016)
  - a. 8 bathing inspections
  - b. 38 inspections (includes Wheels of Wayne and Katie Sampson event)
  - Position for Food Inspector remains posted and advertising is ongoing
  - d. There is 1 cat under quarantine in the township

## III. Old Business

- a. Artificial turf update
  - i. Will discuss the matter further at the next meeting; recommendations will be presented in June
- b. School starting times
  - i. Mr. Kane mentioned that an RTSD committee has been assembled to evaluate the issue. The BOH requested that minutes from that meeting be provided to the BOH

## IV. New Business

- a. Opiate Presentation
  - i. 500% increase in consumption of oxycodone
  - ii. In Pennsylvania, one in four families suffer from substance abuse, and overdose is the leading cause of accidental deaths in the state
  - iii. Rates are the highest among white 25-54 year olds
  - Opiates are medications that are meant to relieve pain are are often given after injuries or surgeries
  - v. Misuse, abuse, addiction, and overdose are all problems
  - vi. Addiction is more common in males
  - vii. Improper medical use, a family history of addiction, alcoholism, and depression can increase one's chances of opiate addiction
  - viii. A person is addicted if he or she constantly seeks drugs
    - ix. Genes, age, gender, and the environment affect the risk of getting an addiction
    - x. Preventing addiction
      - 1. "Pain plan" after surgery

- 2. Need to be aware of prescriptions and keep them secured at home
- 3. Need to properly dispose of opiates
- 4. CDC guidelines on opiate use
- 5. CDC slogan "start low, go slow"
- xi. Narcan: people can get access it use it to help those who overdose, there is immunity from persecution if a person gets it, and there are different ways to use it
- xii. Over 300 lives have been saved with narcan since officers started using it
- xiii. If a person is under the influence of alcohol or a controlled substance, he or she cannot drive
- xiv. A major issue is that heroin is being brought into Pennsylvania and people can easily obtain it
- xv. All-time high number of marijuana arrests in Radnor Township in 2015
- V. Announcements:
  - a. Emilija is presenting her student project in June
  - b. Neal is presenting his student project in September
- VI. Public Participation: None
- VII. Meeting adjourned at 6:30

The next Board of Health Meeting is scheduled for Monday June 20<sup>th</sup>, 2016 at 5:30pm and will be held in the Radnorshire Room on the main level of the Radnor Township Building.