Radnor Township Board of Health Meeting Minutes June 17, 2019

Board of Health Members Present: Linda Schanne, Charles Wheeler, Jane Carabasi, David Simmons, Joan Capuzzi, Amit Khanna, Paul Crotty

BOC Liaison:

Radnor Township School District liaison: Radnor Township Health Officer: Marie

Carbonara

Health Inspector: Kathryn Carlomagno Student Reps: Phillip Kaplan, Louis Minning

BOC members Absent: Kathy Durr

The meeting was called order at 5:30 pm, followed by the Pledge of Allegiance.

I. May 2019 minutes were approved.

II. Health officers report posted to website.

III. Presentation- Measles by Dr. Joan Capuzzi

Dr. Capuzzi presented statistics, transmission, rate of infection in those who are unvaccinated for measles. She described the history of measles from dating back to the 9th century. She described the origin of the word "vaccine" and the development of measles and MMR vaccine and its positive impact on the decrease rate and elimination of measles in the US. Dr. Capuzzi noted when the MMR vaccine is to be administered and the debate concerning suspected autism related to vaccinations. She described the "herd immunity" theory and discussed states in the US that require vaccination. Dr. Capuzzi noted the PA and Delaware Co. & Radnor township statistics on number of people and children vaccinated which is very high. She discussed recent increase is measles cases and most notably in those who travel abroad and are unvaccinated have the highest rates. Finally, Dr. Capuzzi noted that adults born before 1957 are most likely not vaccinated with the MMR vaccine and that State Senator Daylin Leach has proposed legislation to eliminate vaccine exclusions for philosophical/religious/ethical reasons in children prior to starting school.

IV. Presentation - Phillip Kaplan and Louis Minning

Presentation Phillip and Louis presented their student intern project which was on Radnor High School delayed school start times and impact on teen health. They noted the positive benefits that are hoped to be which include improved academic performance, mental health and physical health. They noted that the National Sleep Foundation with additional sleep during the week that student depression decreased. They surveyed RH students and teachers and some concerns that were noted included: staying up later at night, traffic with the new Penn Medicine building and coordinating sports schedules with other Central league schools. They also noted efforts to mitigate these concerns are being developed such as an effort to give athletes an 8th period gym, evidence from the AAP that students do not stay up later, and their solution yet for the traffic problem with the new Penn Medicine building. Next spring the Radnor School Board will be evaluating how delayed start times impact athlete's homework.

V. PA House Bill 1075

Gail Morrison reviewed the draft of the resolution for supporting an "extreme risk protection orders law in PA". Dr. Capuzzi requested more detail around specifics related to the resolution. Gail noted a percentage of those who in crisis have fire arms. The legislative session closes June 30th. Linda to follow up with Gail Morrison to form a possible subgroup to make future recommendations.

VI. Presentation- Youth Suicide Prevention in the US and PA – Dr. Wintersteen

Dr. Wintersteen presented national and statewide data related to youth suicide and addressed some myths related to this epidemic. He also reviewed suicide prevention programs and several interventions to reduce suicide attempts. He shared a number of resources available to the public and answered questions posed by the audience and BOH members.

VII. Old Business:

 Gas Leaf Blower Proposal- Linda Schanne and Dr. Simmons to take proposal to the Radnor Township Planning Commission in July 1st, 2019.

Adjournment at 7pm, please join us for the next Board of Health meeting: Monday September 16th, at 5:30 pm.