

Discover Intellectual Athlete



Where play meets mental fitness.

Intellectual Athlete in partnership with Radnor Township Parks & Recreation Department



**\$25 PER
CHILD/
CAREGIVER
TEAM**

**(ADDITIONAL
CHILD/CAREGIVER \$10)**

HIKING UPSTREAM:

FOR KIDS (AGE 3-5) AND THEIR CAREGIVERS.
THE WILLOWS PARK & SKUNK HOLLOW TRAILS,
490 DARBY PAOLI ROAD.

DATE: 11/19 1-2:15PM

Master self-regulation while hiking and playing on the woodland trails. Learning teambuilding and exploring skills and test your balance, imagination, & parkour skills!

(All skills for adults and kids alike and age-appropriate)

 Led by Milly Routledge:
Sport Psychology Consultant & Elite Athlete.

Engage. Explore. Empower.

For more info and to REGISTER NOW

<http://www.radnorrecreation.com>



All details are subject to change. In the event of unforeseen situations such as those imposed by inclement weather or health and safety issues, this program may be canceled. We will make every attempt to reschedule as possible

 **INTELLECTUAL
ATHLETE**

@Intellectual_Athlete
www.IntellectualAthlete.co

**Radnor
Township**
Parks & Recreation Department 