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Sarah(7) & Maggie(5) Reynolds
of Bryn Mawr, PA. Daughters of Jean & Carlo Reynolds
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November 2017 • Volume 1.4

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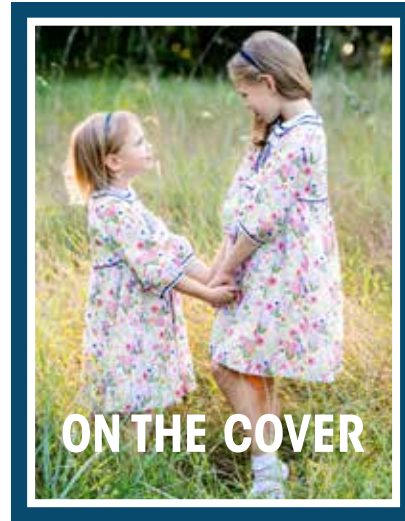
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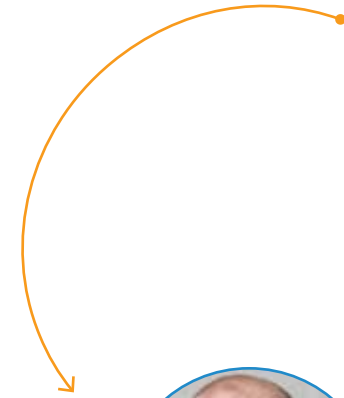
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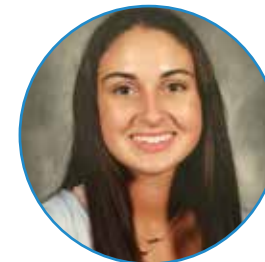
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PUBLISHER'S NOTE

Hello Friends!

What a whirlwind of a month!, As I write this, (because we are a month ahead of production), my newborn daughter has arrived to bless our lives. Serafina Mia Kuznesoff. 6 lbs. 11 oz. 19 1/2 inches. Oh my GOD, is she perfect! Im in complete and total love and amazement, awe and admiration. How this little girl, this little life, can immediately fill my heart with emotions that I have never felt before with my three boys. Wow, I have four kids now. I need to stop, LOL.

With November usually bringing forth feelings of thanks as we prepare for the holiday season. I have so much to be thankful for. My wonderful children, amazing wife and a flourishing business with incredible partnerships with so many outstanding businesses and organizations locally. I am truly blessed and could not be happier as this month also brings the 3'rd birthday of my little guy Gideon, and also, I celebrate being alive for 40 years on this earth. With so much going on in the world today, it is more important than ever to realize how special family is, and how wonderful our blessing are. Don't take it for granted. Enjoy it as much as you can.

GOD bless you and your family this holiday season, and may you have joy and peace in your hearts.

Thanks,

Brian Kuznesoff
Owner/Publisher,
Radnor Life & Style Magazine



Serafina Mia Kuznesoff

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RESIDENT RECIPE

Kelly Strogan
kelly@waynenutrition.com

Butternut Squash Curry

I find that many people, myself included, get into a pattern of cooking the same stuff each week and rarely jazz it up with flavors. I like to try to cook an international dish every so often to add some pizzazz to the weekly routine. I am all about cooking in bulk, so this recipe is great to supply your family with dinner for one or more nights, depending on the size of your family. It's healthy and tasty, and you don't need to spend a lot of money going out to dinner to get exotic flavors.

Ingredients:

- 1 tbsp. olive oil
- ¼ cup chicken or vegetable broth
- 1 butternut squash, medium size, diced into 1/2-inch cubes, or about 4 cups
- 1 medium onion, diced
- ¼ cup Trader Joe's Thai Yellow Curry Sauce
- 2 cloves garlic, diced
- 4 large tomatoes
- 1 medium head cauliflower, chopped
- 1 6-oz. bag fresh spinach
- ½ cup non-fat or low-fat Greek yogurt
- Cilantro and salt, to taste

Optional proteins (add more or less depending on how many people will be eating this dish):

- 1 or 2 cans of chickpeas, rinsed and drained
- 1 lb. chicken, sliced and cooked
- 1 or 2 packs of tofu, diced

Directions:

Heat olive oil and broth in a large and deep sauce pan on medium-high heat. Add diced squash (skin on is fine) and onion until they begin to soften.



Butternut Squash Curry

Add the curry sauce, followed by the garlic, and stir until well mixed. Finally, add tomatoes, cauliflower, and spinach, and simmer until cooked to a soft texture (about 15-20 minutes). Once vegetables are cooked, turn off heat, and mix in yogurt, salt and herbs.

Add one or all the optional proteins and serve over a cooked whole grain such as barley, farro, or buckwheat to complete the meal. Goes well with whole-wheat naan or roti as well!

Serves 6-8 people.

Nutrition info based on six servings without protein or grain added:

140 calories, 3.5 g fat, 24 g carb, 6 g protein (performed using Diet Master Pro software)

Editor's Note

Laura M. Tobey, Esq.

RADNORARTICLES@GMAIL.COM



With Thanksgiving right around the corner, this is the time of year that we come together to reflect on not only those we love in our life, but also those causes that are meaningful to us. My clients often want to honor those loved ones and causes in their last will and testaments, and a specific bequest is one way to acknowledge those we hold dear. November's issue has articles about taking stock of your life, both at work and home, volunteer opportunities at the holidays, and overall gratefulness. So, this Thanksgiving, no matter how dry the turkey is or how corny Uncle Jerry's jokes are, we are thankful for this time together.

Laura M. Tobey, Esq.
Tobey Law Offices, LLC
tobeylawoffices.com

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Commissioner's CORNER



Luke Clark (lclark@radnor.org)

My name is Luke Clark, and I am the elected Commissioner for Radnor Township Ward 3, which includes South Wayne, St. Davids and part of Villanova.

As usual, Radnor Township has a lot going on, and that is good. The Board of Commissioners has two meetings every month on the second and fourth Monday evenings of the month at 6:30

p.m. at the Township Building where everyone is welcome and encouraged to participate. Please note these meetings are broadcast live on the Township television channel, they are replayed on the same channel thereafter, and they are uploaded to the Township's YouTube channel as well for viewing any time.

Please remember that if you want to participate in Santa's Delivery on Saturday, Dec. 9, then you must drop off all gifts at the Township Building on Nov. 25 (the Saturday after Thanksgiving) between 8-11 a.m. Santa's Delivery grows every year, and the children really enjoy it, so please get the presents for your children over to us! Also, the Garrett Hill Tree Lighting in Clem Macrone Park is on Sunday, Nov. 26, at 5:30 p.m., and it is very nice event for the family. Lastly, the Wayne Old Fashioned Christmas is on Friday, Dec. 1, and remember to sign up for the Elves for the Shelves 5K at the Radnor Memorial Library, which takes place the next morning on Saturday, Dec. 2.

I want to encourage everyone to check out Radnor Studio 21, which is our local, nonprofit public access station serving Radnor, Lower Merion, Narberth and the surrounding area. The Studio strives to offer programming that is informative as well as entertaining, and many shows are shot locally by Township residents. I do a bi-weekly show on current events in Radnor with John Ricciutti, which has been a great experience that seems to resonate with a lot of people because John and I try to keep it helpful while also light.

I can't emphasize how much value the Studio has to the community both in terms of the opportunities for participation and quality of the product generated. John and Jill Frechie have taken the Studio to the next level, and you can see them getting great foot-

age at every Township event. However, the Studio has struggled over the course of the last six years to finalize a new contract with Comcast, which apparently does not see the Studio's true value to the community. The Studio's quality of work is very high, which is clear with its award-winning history including three Telly awards and one Emmy award. John and Jill have truly brought the Studio a long way, and it is only going to get better. I can assure you of that since I am an active participant. Please make sure to check out Radnor Studio 21 on its television channel, its website and its YouTube channel!

Fall is in full swing as we get ready for my favorite holiday, Thanksgiving, and move into the holiday season! I hope everyone had a fun and scary Halloween dressing up in costumes, going trick-or-treating and enjoying everything spooky! I was also glad to hear the Mother/Daughter Tea Party was a success. My wife, Brittany, took our older daughter, Scarlett, and they had a blast enjoying tea, cookies and the princesses who attended as well.

The Board has been working on some major agenda items, and there are more on the horizon. The Board appears to have finally formulated a direction for the Willows Mansion, which looks like it will include nearly \$2 million in Township money without the need for a bond issuance, a \$1 million donation as well as private fundraising that has been ongoing. The Board is excited to get this done and finally establish a long-term plan for the Willows Mansion that puts community access and use first.

Also, the Board will be addressing the Stormwater Ordinance to ensure that it requires as much capture as possible, observes water quality and also is not overly burdensome on the residents. The Historical and Architectural Ordinance is also getting an overhaul to ensure our historical districts are

properly protected while also ensuring the ordinance is practical. Lastly, the Radnor Memorial Library construction is moving along and completion is expected late this year or early next year, which is very exciting for a young family like mine who enjoys walking to the library to take out books. Make sure to tune in to the Board meetings to keep up with these exciting developments!

Thank you for taking the time to read this, and please do not hesitate to contact me with any Township matters via cell/text at (215) 520-0994 and/or email at lclark@radnor.org. You can also "like" my Facebook page @CommissionerLukeClark and/or follow me on Twitter @CommishLAC to receive regular and continuous updates.



Mary Chen today



Mary and Clay Chen visiting the Grand Canyon

When Mary left China, it was with a broken heart. She loves China, which she calls her motherland. Her hope for China is for progress and peace. She and her husband toiled to ensure that their children had every opportunity to achieve their dreams and to gain the knowledge needed to contribute to the community and lead a peaceful existence. This they did! What an enormous accomplishment in the face of very strong odds! Mary Chen is most definitely a hero, as far as this author is concerned.

Later, when the government allowed people to come to China from overseas, Mary made the choice to leave China to look for a brighter future for her children and family.

school for more than two years. In 1945 the war was over, and they finally had peace. Mary was able to go back to live with her parents in Hong Kong and graduated from high school in 1947. She then entered Qinghau University in Beijing to study chemistry. While there, she met her husband, Clay Chen, and got married in 1953. Their text books were all written in English! Even though their country was now known as the People's Republic of China, as the Communists had taken over the government.



Mary and her family in 1975

Clay and Mary both acquired jobs in Beijing. They had two daughters and two sons all while Mary continued to work. Unfortunately, China was still in turmoil. Under the ruling of Mao at that time, countless class struggle movements were raging in China. In 1957 the anti-rightist Movement began. Many intellectuals were considered as the "Right" and got severe punishments. Clay was sent to the mine to perform hard labor and did not even earn a salary. This adversely affected the family left behind. Mary and Clay's children were treated as bad "origin" because their parents were educated. One daughter was sent to a village to be a farmer at the age of 15. Their son was not allowed to go to high school. Mary, now the only parent in the home, was forced to make the agonizing decision to give her younger daughter to her brother-in-law to raise, as she could no longer provide for her needs. Absolutely unthinkable!

other members of the family immigrated to the United States. Her younger son earned his M.D. and Ph.D. and now is world-renowned for his work with prostate cancer at Sloan Kettering Hospital. Mary's elder daughter became an R.N. after she arrived here. Her youngest daughter has remained in China, but comes to visit as often as she can.

In 1980, Mary's son received a scholarship to Princeton University. Her son eventually earned his Ph.D. in computer science. As time went on, the

Calling all world history teachers: Mary lived it; who better to teach us about what it is like to survive and eventually thrive one of the harshest revolutions in history!

SHUI CHU CHEN (MARY CHEN)

Susan Shapiro (susan_wsc@yahoo.com)

SILVER SPOTLIGHT

I would like to tell you about a very special woman who just happens to be a member of the Wayne Senior Center - where she enjoys Tai Chi classes, thought-provoking bridge games and spending time with friends. To the casual observer, Mary Chen is quiet and reserved. However, underneath that peaceful persona is one of the strongest, most determined individuals that I know. Mary has faced horrendous challenges with grace and dignity, never giving up.

Shui Chu Chen, known in the United States as Mary Chen, was born in China in 1930. She was actually born in Hong Kong while her mother was visiting for a family wedding. After Mary's birth, they both returned home to Kuong Tong Province where Mary had two brothers and two sisters. Life was good. When Mary was 7 years old, Japan attacked China. People suffered a great deal in those eight years of war. Civil war in China continued, immediately following the war with Japan. However, Mary was sent to Macau before the Pacific war started so that she would not lose any school time. Education was and is the top priority in Chinese culture.

These were very hard times for young Mary. She and her brothers had to move around to keep safe. There was very little food, but the children kept studying. She was never in the same



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Before

INTERIOR DESIGN
ON THE MAIN LINE



Bright kitchen renovation

Claire Hadley, Larina Kase
and Shannon Sofranko



Finally, we accessorized with more specific pieces. The great overdyed rug is on trend right now. We went with an inexpensive version since rugs in kitchens can get a lot of wear. If the homeowners decide they want to change the look of the space and accessorize with another color in the future, such as teal or navy, they can easily do that.

We hope you enjoyed this case study, and, as always, have fun, and be sure to make your space uniquely you!



Timeless farmhouse sink

Larina Kase Interior Design is a full-service boutique interior design firm specializing in serving Radnor and the Main Line. Have a look at our projects and before and afters: LarinaKaseInteriorDesign.com and style inspiration on Instagram: www.instagram.com/larinakase/ Photography by Aliza Schlabach Photography.

how to combine
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in your home

Larina Kase (larina@larinakase.com)

Our favorite design style is a mix of classic elements with clean modern lines. We love to incorporate elements that are on trend, but in small flexible ways if those elements are likely to change when fashion changes.

Let's take this Wayne kitchen renovation as a case study. This project was for a young family who moved to Wayne from the NYC area. First, we helped them to create a layout that maximizes the space, and keeps it open and airy while maintaining the integrity of the older home. We loved the idea of an island with seating that looks out onto the beautiful views in the backyard.

Next, we considered which elements to keep timeless and where to incorporate looks that are currently en vogue. We went with a rich walnut tone floor and white cabinets, a classic look that will never go out of

style. With a renovation, you obviously don't want to redo these major pieces in the next several years.

Another beautiful classic element is the honed quartzite counters. They have so much depth and interest, and with the soft white and gray tones they'll never get old. Quartzite looks very much like marble, but some versions of quartzite are more dense and durable than marble.

Then we brought in some elements that are currently in style but not necessarily trendy. These elements have staying power: antique brass fixtures and hardware, a large farmhouse sink, and fabulous light fixtures. Our clients had the mid-century dining table and chairs that add the perfect mix of modern and classic into the space. The fabulous painting of the beets by local artist Alicia Asselta adds fun and interest.



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 - Sara Moyher 2017*

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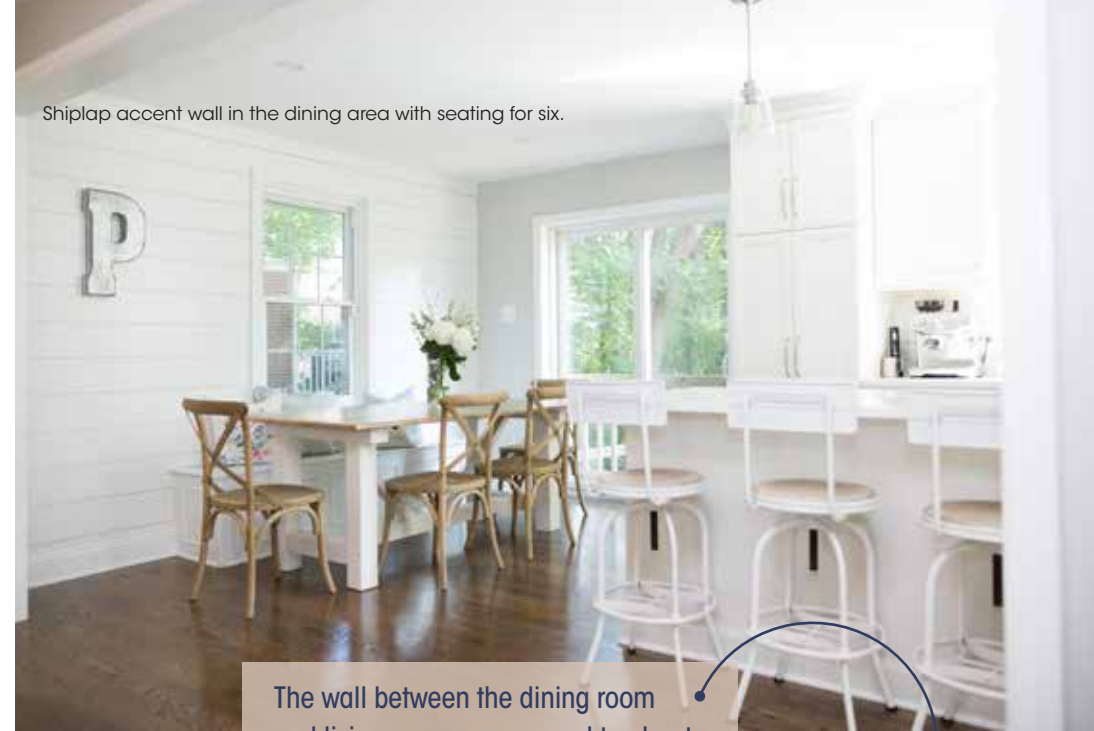
Haven Duddy (haven@mainlinehaven.com)

Replacing the hinged door to the basement with an attractive sliding barn door was just another creative way that they were able to fit a large central island into the space. All-new red-oak hardwood flooring, finished on site, was installed throughout the living room, dining and kitchen areas.



The new barn door provides an attractive entrance to the finished basement.

Creating an open floor plan often starts with the removal of walls. Here, the structural wall between the living room and dining room was enlarged from 4 feet to about 12 feet. The partition wall between the dining room and kitchen was completely removed, which allowed for the kitchen and dining room space to be completely reconfigured. Shifting the dining room table against the built-in bench on the shiplap wall allowed space for a large central island in the kitchen. Having the table closer to the wall also allows for access to the slider and rear deck.



Shiplap accent wall in the dining area with seating for six.

The wall between the dining room and living room was opened to about 12 feet and became a large cased opening with a structural beam.



their main entry door. Through the side entry is the new mudroom with built-in cubbies, closet space, and slate tile floor. Across from the mudroom is the new spacious powder room.

I was lucky to see this home during the renovation process, and I couldn't believe how all the newly remodeled spaces felt like they had always belonged. I believe that you have a good design when every square foot in a smaller home serves a purpose, and the entire space flows together. I often say that we don't necessarily need more space, we just need to make better use of the space that we have. It's clear to me that this family achieved that with this project.

For more photos of this house, including before photos, visit MainLineHaven.com. Photos by Perfectly Paired Photography, www.perfectlypairedphoto.com.

From buying and selling, to construction and design resources, plus how to truly live in your home and keep it looking and feeling like your own personal haven, Main Line Haven (www.MainLineHaven.com) is your number-one resource for all things home!

HAVEN'S HOMES

I'm excited to share this renovation project with you all because I often hear from people who feel stuck with their homes. Many of us live in older homes, and although we may love the charm of them and the lure of the great neighborhoods, the functionality of these older homes can be at times challenging. This beautiful renovation was recently completed by a young family of four in Bryn Mawr. They absolutely loved their neighborhood, so they decided that they were going to renovate the 80-year-old house and create their dream home exactly where they were.

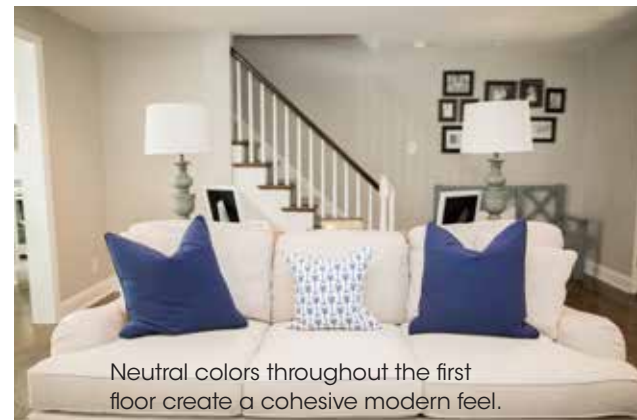
On the top of their wish list was an open floor plan and space for a large island in the kitchen. They also wanted to create a first floor powder room and

mudroom. Creating an open floor plan and adding such features of a powder room and mudroom can often be challenging in an older colonial where space is limited on the first floor. The homeowners enlisted the help of Foley Beam Architecture for design and structural planning, and Duddy Construction to implement the plan. Marie Starck of Main Line Haven worked with the homeowners to complete some of the interior space planning and the interior design.

Since this family used their garage for storage only, they decided to take about three-quarters of the garage space and convert it to living space. They created a new side entrance with a French door and landing off the driveway. This new entry floods the back of the home with light and has become



The new mudroom creates a storage solution for this space.



Neutral colors throughout the first floor create a cohesive modern feel.

Thank you from the HEALTH OFFICER



I have had the privilege and opportunity of serving the residents of Radnor Township for sixteen years. First, as Residential Building Inspector & Code Official for my first two years of employment, and second, as Health Officer & Code Official the remaining fourteen years. It is said that Radnor Township is the best place to live and work. I have never lived in Radnor Township; therefore, I cannot comment from that perspective, however, working here has been a pleasure.

I proudly make the comment that I am a male African American and the first male or female African American to serve as Health Officer. In each position that I have served, I have tried to do so with a professional attitude, dignity and a sense of fairness, always remembering that enforcing the code is my job, tempered with a dash of the golden rule. I always keep in mind that while working with one resident in resolving a problem, I am representing them all.

At the end of this year 2017 I am retiring to drink coffee and eat bagels on my sunroom porch and work on my "honey do" list.

In preparation of my exit, the Township Manager has authorized a search for my replacement keeping several criteria in mind while searching;

- A candidate with a sense of community service;
- An educated candidate; and
- A candidate with good moral judgment.

Due to the increase in the number of licensed food operations, temporary events, food trucks, ice cream trucks, commercial swimming pools, follow up inspections needed in food operations and each school requiring mandated two food safety inspections per school year, the need for two inspectors became evident to adequately serve the Radnor Township community.

To that end, let me introduce you to Marie Carbonara, RN and Kathryn Carlomagno, MPH. I am sure Marie and Kathryn will tell you more about themselves in future articles, but for now I will talk a little about their required certified health officer training. Marie is a Pennsylvania licensed Registered Nurse and Kathryn has a Master in Public Health.

- Both are required to work under the direction of a current certified health officer until they themselves become certified;
- Both are required to pass a Nationally Recognized Food Manager Certification before they take the required Civil Service Examination;
- Both are required to work under the direction of a current certified health officer to conduct food safety inspections, rental housing inspections, and property maintenance complaints; and
- Both are required to be, after passing the civil service examination and performing food safety inspections, shadowed for a minimum of six to as many as twenty food safety inspections by a Pennsylvania Department of Agriculture Retail Food Safety Program Specialist. This is to ensure the training was adequate and the newly certified person is competent in conducting food safety inspections.



Larry Taltoan
Certified
Health Officer
#SE-21

As I stated in the beginning, it is a pleasure working in and for Radnor Township. Radnor is the best of the Main Line and we prove it every day, with the best government, police service, community development, parks

and community recreation, public works and engineering departments, and the best schools, restaurants and community events in the area.

My name is

Lawrence Taltoan "Larry"

*Certified Health Officer #SE-21
Radnor Township Public Servant*



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NAVIGATING LIFE'S TRANSITIONS

Angela Marchesani, M.A. angela@womensrc.org

How to Help Around the **Holidays**

Each year at Women's Resource Center, we receive a substantial increase in volunteer applications around the winter holidays. People call our helpline wanting to donate their time, talent or treasures to a worthy cause. Sparked by gratitude and filled with the holiday spirit, they are inspired to give back, and eagerly reach out to local charitable organizations to offer their help.

Sometimes we hear from people who are confused because their attempts to help are met with a lukewarm response from the agencies they approach, or, worse yet, no response at all. The reasons for this are varied and complex, but often come down to two primary things: 1) the agency is overwhelmed and doesn't have adequate staff power to manage the seasonal influx of new volunteers, and/or 2) the agency has plenty of needs, but none that match this candidate's skills (or availability, or preferences). For a well-meaning person trying to make a difference, it can be disappointing and frustrating: "Why is it so hard just to help?"

To avoid that frustration, a little bit of planning can go a long way. As you begin to consider ways you would like to help, the guidelines below will help match your gifts to the right volunteer opportunity. Our tips will ensure that your good intentions are met with a warm reception this holiday season.

Women's Resource Center knows the value of volunteers – we are proud and grateful to have over two hundred volunteers who help our agency meet its mission. Any charitable organization depends on the support of individuals who want to align with their mission to make a positive change. While you plan your holiday support, stick close to what matters to you. Your giving may turn out to be a new holiday tradition – or a lifelong partnership of support.

Thank you for sharing your time, talents and treasures!

FIVE TIPS FOR GIVING BACK

1. CHOOSE YOUR CAUSE. Volunteer work feels best when you are supporting a cause that is important to you. Your time and energy deserves to be applied to a mission you can really get behind. Think of an issue that has touched you or a loved one – disease research, social justice – or consider issues that you feel grateful to have avoided, such as hunger or homelessness. There are plenty of worthy causes near home, including several charitable organizations within Radnor Township.

2. PICK YOUR APPROACH. How do you want to give back? Define the ways in which you are willing to help. We often speak in the nonprofit world of "time, talent, or treasures," meaning people can help in many ways. Perhaps you would prefer to do some behind the scenes work, or maybe you're willing to do some "grunt work." You may be set on providing direct service, like serving at a soup kitchen or answering a hotline. Spend a few minutes thinking about in what capacity you'd like to volunteer, and define your level of commitment in terms of time and duration.

3. PLAN AHEAD. Food pantries, soup kitchens, toy drives and the like have an abundance of volunteers this time of year, and sometimes they can't accommodate more people (or scheduling preferences), even though they are well-intentioned. If you reach out early, you may be able to schedule your service ahead of time. Also know that most charitable organizations require background checks from their volunteers, which can take several weeks.

4. CALL WRC. During the winter months, we maintain a list of specific needs and opportunities from partnering agencies. While we don't directly match volunteers, we can tell you who needs extra hands for a fundraising event or where you can drop canned food donations. Phone the WRC helpline at 610-687-6391 for some ideas.

5. OPT TO DONATE. If your time and talent aren't finding the right fit, your "treasure" will be much appreciated by any charitable organization. To make an even bigger impact, enroll in a monthly giving program, where you can donate a set amount each month, year-round. This helps the agency plan their budget and allows them to have consistent income outside of the holiday season. To ensure that your donation will be put to good use, research agencies using GuideStar, which tracks and publishes the financial documents, programs offerings, and impact of nonprofit agencies. Navigate to guidestar.org and then search by agency name to get an idea of how the agency stewards the funds they receive (try it out with Women's Resource Center of the Delaware Valley). Charitable donations are tax-deductible, and your accountant can advise you if there is an ideal amount for you to donate.

Mom, should I pick up Sophie around 3?



Well, Sophie says the later the better. It's more fun here at Grandma's!

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Murphy and Sam



Murphy all dressed up to welcome the Pope to Philadelphia Sleepy Sam



Is there a story behind your name?

Sam: When my family got me, they had picked out a boy from the breeder, but when they got the dog it was me. So they made it work.

Murphy: I already had a name when I was adopted from another family who couldn't take care of my anymore.

Anything special or unusual about you (talents/quirks)?

Sam: I can dance around on my hind legs.

Murphy: I love being carried around like a baby.

Any funny stories?

Sam: I used to run away, and I have explored the whole neighborhood on my escapes.

Murphy: Sam is like a cat. I would never run away my family. We are polar opposites in this regard. I also believe that I am a human, and if I believe hard enough, one day I will end up as a human. This has already started working because I have managed to grow eyebrows. I have even started to eat like humans. I eat all of the vegetables they give me. I can't eat a lot of their food though, because I have allergies.

How spoiled are you?

Sam: My family lets me do whatever I want, and they do whatever I say. It's awesome.

Murphy: I am a baby. I get carried around. And we get to go on trips to the beach.

SAM & MURPHY

RADNOR PETS

Henry Gallagher
henryg1703@gmail.com

Family member names: Caren, Bill, Will, Cormac, Ellie

Pets' name: Sam and Murphy
Type of animal/breed: Dogs.
Murphy: Havanese; Sam: Bichon/Shitzu mix.

Male or female: Murphy is male; Sam is female.

Pet's age: Murphy: 6; Sam: 7.

Where/why did your family get you?

Sam: My family got me so that the kids would feel more comfortable around dogs.

Murphy: I was picked to keep Sam company.



Caren, Bill, Will, Cormac and Ellie

WHAT ELSE SHOULD WE KNOW ABOUT YOU AND HOW YOU HAVE ENRICHED YOUR FAMILY?

Sam: We love to go everywhere we can with our family. It doesn't feel like the whole family unless we are with them. We are very friendly, and can handle kids and all other people and dogs.

Murphy: We are always there to comfort our family and take care of them as much as they take care of us.

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RESOLVE TO BE RESILIENT

Carol Beringer (carolberinger@comcast.net)

NEW YEAR'S NOW!

...or, how to use this “gratefulness” month to recreate ourselves!

Here is a **Thanksgiving** plan that has served me for 25 years! I look forward to it every year. Give it a go, and see how it works for you.

Most of us have three obvious opportunities every year to take stock and regroup: birthday, Thanksgiving AND New Year's. These are the times we consider THOSE imposing questions: Where am I now? Where did I think I would be in my wildest dreams? What is realistic? How do I get there? We review and consider every aspect of our lives, our relationships, work and/or school, continuing education, travel, adventures, cleaning out the closets – all of it. The “good” and the “not so good.”

So, here is what happened to me 25 years ago. My birthday happens to be Dec. 31; yup, New Year's Eve (mark your calendars!!!). I always felt “pressure prompted” to have New Year's resolutions that would benefit everyone around me, especially because I am “shorted” one of the three BIG chances a year to take inventory.

With the busyness of the holidays taking up so much energy, how can **anyone** focus on truly meaningful resolutions with all the distraction?

The proverbial lightbulb lit UP!

At Thanksgiving, the holiday that most people enjoy more than any other (yes, they do, just ask this Thanksgiving when you are surrounded by loved ones), we ALL devote thought to what we are grateful FOR. We cannot NOT, during this “dwelling,” have thoughts about what is NOT going the way we'd prefer.

The Plan:

From the positive grateful-FOR viewpoint, make your **first draft** of New Year's resolutions based on what is working, and what you will intentionally keep IN your intentions.

From the “not so” gratefuls, add to your **first draft** the “improvements to be considered” or the stuff that should be eliminated.

That's IT! (for now...)

Next: You have five more weeks until the next big opportunity! Between Thanksgiving (when you have made your first **draft**) and New Year's, you have the chance to **PRACTICE** these intentions! What a concept!



Most of us get up every day with the intention of being our best selves. Some days are definitely better than others. We rarely have time “in the moment” to assess where we may have made a different choice; it's usually after when we reflect. Or, when the result we hoped for went awry. The option for resolutions in advance is very exciting stuff.

This completely takes the heat off sweating out a list on New Year's Day. (I bet stressing **less** is somewhere on everyone's list! You can cross that one off already!)

On New Year's Day, make a quick and objective review of what has been working and what has not. Congratulate yourself on the stuff that is working. As for that which is not working, a simple review of whether you want to redouble your efforts, or, ask yourself, after five weeks of effort, are these bits worth it? You can consider shelving them for another time or ditching them altogether!

Now you are done, done, done – until YOUR birthday, next Thanksgiving, or any other opportunity you create for yourself to take stock. Your stress-free outlook is already in place!

Let me know what you come up with! New ideas are exciting opportunities.

Here are some categories to consider when preparing your list:

Wellness: The buzz word is “self-care.” Not just health, diet or fitness – wellness. Lifestyle adjustment. All on this list that follows fall into this category. Most importantly, is stress management. Treat yourself to a relaxing massage.

Diet: Take it on as your nourishment – NOT weight control. Nothing takes the joy out of eating more than judging every morsel or feeling that you are giving something up. Don't take OUT the foods you love, find ways to add IN some you may overlook as options to accompany the foods you love. Personally – I LIVE TO EAT!

Fitness: Reconsider this as MOVEMENT. Move more. You do not have to spend hours doing something you do not enjoy. Eighty percent of Americans do not get recommended amounts of “exercise” simply because they are not attracted to the structured offerings or the environment of a gym. Find other options. Go bowling. Try archery. Make it an adventure! Fresh air. Change your walk into a destination. Walk to breakfast, lunch or

dinner, or, to meet a friend. Ring each other and start towards each other and meet in the middle.

Mindfulness: Relearn how to BREATHE. Breathing with intention is a mini-meditation. One breath at a stop sign; five at a traffic light, one between sips of your favorite coffee, tea or adult beverage!

Get organized: It IS never ending. Just 15 minutes at a clip can put a huge dent in an overwhelming task. I know I get more accomplished in 10 minutes if someone calls unexpectedly and wants to stop by than if I have the whole weekend to dedicate to a housekeeping project. Set a timer; seriously, this works!

Read more: NOT the news! Novels, classics – rediscover your local library. Books make amazing conversation.

Play games: Game Night has made a huge comeback. It's on my list already! My research of the top New Year's resolutions include many of these, and another one is to spend less. The entire list above adds little or no expense. Bonus!


Wishing you the most bountiful, joyous and gratefully distressed THANKSGIVING ever!

Carol Beringer is the owner of and teacher at Pilates and More, Wayne, PA, as well as a writer, speaker, and consultant with amazing Movement, Wayne, PA.

pilatesandmore.com
carolberinger.com

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RADNOR STUDIO 21

BOARD OF DIRECTORS



• **Jack Brooks** – (RS21 Board Chairperson and Program Producer) Executive director of the Mid-Atlantic United Methodist Foundation. Over 20 years' experience as a registered representative and financial advisor. Also serves on the boards of the Wayne Senior Center and several other civic and business organizations.

• **Art Hartel, Esq.** – (RS21 Board and Radnor Citizens Communications Council) More than 40 years as an attorney in general practice and entrepreneur. A founder and past chairman of the board of Radnor Studio 21, past chairman of the Radnor Citizens Communications Council and member Radnor Township Charter Review Committee.

• **Bruce Wilson, Esq.** – (RS21 Board) Retired SVP – Law and Government Affairs, Conrail. Served with the Antitrust Division of the United States Department of Justice. Board member of the Wayne Senior Center, chairman of the Radnor Township Civil Service Commission and past chairman of the Radnor Citizens Communications Council.

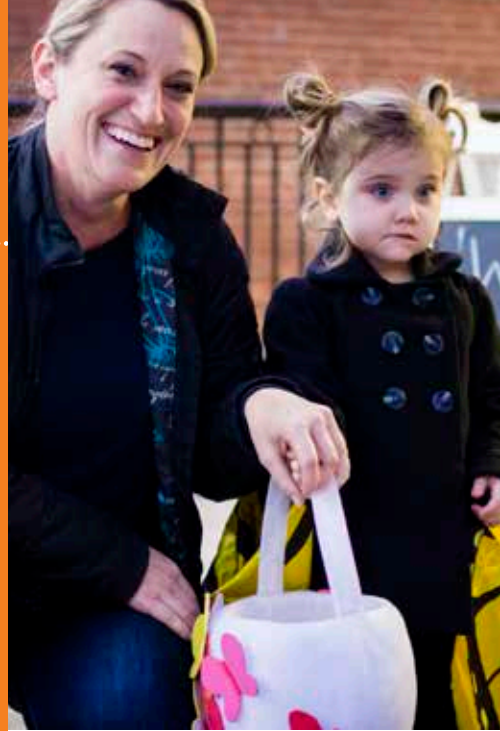
• **John Dallas Bowers** – (RS21 Board and Program Producer) Extensive experience in television and radio marketing, advertising and sales. Currently a communications consultant. Board memberships have included Crozer-Keystone Health System, Spring Garden Soup Society and Cornerstone Center for Change.

• **Richard J. Anthony, Sr.** – (RS21 Board and Program Producer) Extensive executive and consulting experience with two international management consulting firms, entrepreneur, angel investor, author. Adjunct faculty, Villanova University. Founder of The Entrepreneurs Network for business startups and prospective investors.

• **John Ricciutti** – (RS21 Board and Program Producer) Retired SEPTA Director of Transportation. Aware-winning RS21 producer and documentary maker, having won two Telly Awards and an Emmy. Currently interim general manager for Radnor Studio 21 dealing principally with production policies and procedures compliance.

• **Lucy Lopez** – (RS21 Board) Director of Media Mentoring and Public Relations, Uncommon Individual Foundation (UIF). Formerly veteran reporter and video network journalist, Canadian Broadcasting Company. Currently overseeing design and construction of state-of-the-art multi-media studio at UIF.

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WAYNE OPEN Late

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Trick or Treat 2017



FRIDAY DECEMBER 1ST 2017

by the Wayne Business Association

CHRISTMAS IN WAYNE

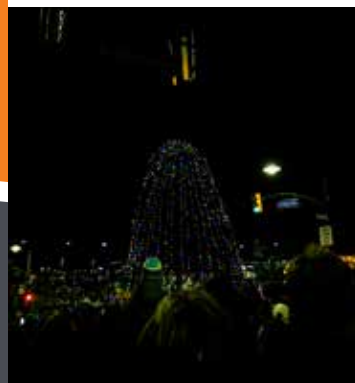
Pictures with Reinders, Winter Carriage rides – 5:30pm – 8:30pm

Face painting and tree ornament crafts at the Radnor Fire Co. 5:30pm – 7:30pm

Carolers stroll the streets of Wayne. Hot chocolate and goodies at the Wayne Senior Center – 5:30 – 8PM

Santa arrives and Tree lighting – 7:30pm
The Valley Forge Military Academy & College Choir sings Christmas carols at the Wayne Train Station.

Santa's Parade: Santa Parade along Lancaster Avenue and ending at Wayne Hotel – 10:00 am
Santa rides into Wayne with the Radnor Fire Co. and meets with children on the veranda of the Wayne Hotel until 11:30 am
Featuring the Radnor High School Marching Band & Cheerleaders and VFMA Field Music Group





Joint service project: Rotarians, Rotaractors, for Mercy Hospice: Janice van de Velde, Amanda Wagner, Maddie Taverno, Colleen Blackledge, Diana Whittaker, Olenka Hladky, Matthew DeAngelis, Paige Marquez, Cindy Cornish, Henry Stewart, Doug Blazey, Julianna Blazey, Shaelyn Halter, John Baxter, Ashlee Dushkewich, Jake Szulinsky, Mary Lee, John Douglas, Kevin Katarynick

ROTARY ROUNDTABLE

Julianna Blazey
(blazeyJZ.7450@gmail.com)

Acting Locally to Abate Hunger

Locally, the Wayne Rotary Club, together with 25 Rotaractors from Cabrini University, recently made meals to feed 200 in a homeless shelter in Philadelphia. St. Katharine of Siena offered their kitchen without charge, and Rotarians and Rotaractors made the casseroles. Everyone can be included!

SERVING HUMANITY

One of the great strengths of Rotary is its inclusiveness; everyone is invited to serve, individual passions can find voice in diverse projects, the impressive array of partnering arrangements makes a difference, and the whole world presents potential opportunities for local and global service through Rotary.

Rotaplast, case in point Local Rotarians Paul Quintavalla and Don Heebner are passionate about helping children afflicted with cleft palate and have recently returned from Myanmar (Burma), one of their dozens of Rotaplast missions. Clefting, due to genetic predisposition, improper nutrition, and environmental factors, occurs when the tissues and bone inside the mouth do not fuse properly, resulting in a space in the upper lip and palate. Beyond the cosmetic abnormality, the eating difficulties, ear infections, hearing loss, speech impediments, language delay, and dental problems pose lifelong obstacles unless surgically corrected. Rotarians stepped in to help.



Rotary Rotoplast Team: Janice Biros, Judy Bucko, Don Heebner, Jim Bradley, DGE Paul Quintavalla

Rotaplast began as a service project of the Rotary Club of San Francisco to repair cleft palates and lips for children who had no medical care. The missions became so dedicated and specific, and the need so extensive, that the Rotary service projects evolved into a separate non-profit Rotaplast corporation 21 years ago. Now, Rotarians who are passionate about helping children to lead a normal life organize multidisciplinary international medical teams through Rotaplast, that will provide free reconstructive surgery, ancillary treatment, and training for medical teams in those countries. The goal is to treat the children and to help local professionals there to build sustainable services for the endemic population. From a Rotary service project to Rotaplast, more than 175 missions have served over 15,000 children in 24 countries.

A typical Rotaplast team of 30 members consists of 20 medical professionals including plastic surgeon, anesthesiologist, dentists, orthodontists, nurses, speech pathologist, occasionally genetic

counselor, and other medical professionals, and 10 non-medical support volunteers who take records, ensure supplies for operating rooms, interact with patients, and do whatever is needed for a week's worth of operations and after-care. Rotaplast pays the airfare for all medical volunteers and asks that non-medical volunteers pay for their own airfare. From a local initiative, passionate Rotarians and other volunteers are making a difference in the lives of thousands of children and their families around the world.

The Rotary Foundation

The Rotary Foundation is the charitable arm of Rotary International (RI), and funds projects all over the world. RI consistently earns Charity Navigator's top four-star rating for financial management and accountability and transparency. Projects are initiated by local Rotary Clubs in one of six areas of focus designed to sustainably improve the lives of people: fighting disease, providing clean water and sanitation, saving mothers and children, supporting education, growing local economies, and promoting peace.

While local Rotarians create new projects, Rotary's signature global project is the eradication of polio worldwide, where Rotarians have helped immunize more than 2.5 billion children against polio in 122 countries. The Global Polio Eradication Initiative is a public-private partnership led by national governments with five core partners – the World Health Organization (WHO), Rotary International (RI), the U.S. Center for Disease Control and Prevention (CDC), the United Nations Children's Fund (UNICEF) and the Bill and Melinda Gates Foundation. Your donation is doubly matched with a donation by the Gates Foundation, so give generously to this cause through your local Rotary Club. All moneys collected will go to TRF as you specify.

New Rotary Members!

Congratulations to our two newest Rotarians of the Wayne Rotary Club! Both Janice van de Velde and Maria Bomersbach have jumped right into community service with Rotary, even before joining! Janice van de Velde specializes in Insurance Administration and has a Quality Management Certification from Penn State. For fun, Janice enjoys playing the Ukulele! Maria Bomersbach is a Business Consultant, and is an Innovation Leader for successful strategies in areas of cost savings, growth, customer and employee satisfaction and risk mitigation, having worked with Fortune 500 companies. We are delighted to welcome them as Rotarians!



Past District Governors Doug Blazey and Russ deFuria at the 25th anniversary of the Rotary Leadership Institute.

Not Just for Rotarians! Upcoming Events and Opportunities:

Nov. 4 - Rotaract Celebration at Cabrini University for young people age 18 to 30.

Nov. 7 - Celebrating 30 years of Women in Rotary at Springfield Country Club - the impact of women on Rotary. Of 539 Rotary District Governors in 200 countries, 103 are women, including our own DG Dawn de Furia, preceded by other past District Governors in our area Bonnie Korengel, Joan Batory, and Sandra Costanzo. The evening of fun and fellowship will benefit The Rotary Foundation. 5:30 pm. RSVP

Nov. 21 - Thanksgiving dinner by Wayne Rotarians at Wayne Senior Center

Dec. 13 - Wayne Rotary Club sponsors CASA Toy Drive - for abused and neglected children, identified through the Court Appointed Special Advocates of Philadelphia. Calling for toys!

High School Students! Apply for a Rotary Foreign Exchange Scholarship to study abroad.

Rotary Gundaker Foundation grants may be available for undergraduate and graduate students, and for local projects. The Rotary Gundaker Foundation recently helped fund and place two memorial benches in a local park.

Thank you for continuing to donate your prescription eyeglasses in the yellow mailbox outside the Wayne Senior Center.

Interested? Contact BlazeyJZ.7450@gmail.com.



Service with a smile! Cabrini Rotaractors Paige Marquez, Matthew DeAngelis, Nasir Ransom, Ashlee Dushkewich, Olenka Hladky. Not shown: Sonia Spadafora, Brad Ganster, Jeff Klehamer



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Style IN THE City



Looking stylish in Philadelphia friends (l to r) Lindsey Weber, Shannon David, Ashley Meyers, Alicia Asselta, Stacey Lesage and Rachel Sofish.

SIX MAIN LINERS TAKE ON PHILLY FASHION WEEK

Main Line Fashion is turning up the heat and heading into Philadelphia, to Philly Fashion Week's Fall 2017 show. Six Main Line friends head into the city and style their favorite city-chic look to showcase this season's hottest trends.

Ashley Meyers, Main Line's favorite fashion stylist, owner of **lula belle fashion**, specializes in closet edits for both men and women, family and business photo shoot styling and personal shopping. www.smilelulabelle.com.

Join the Facebook group, Main Line Fashion Advice and Shopping Tips, to gain even more on-trend advice. This group is the modern-day Fashion Advice Column! Get tips from Ashley as well as other members.

Photos by **Alison Cornell Photography** of The Photography Co-op.

An unexpected, yet modern color combination for evening wear is mixing neutrals like white and cream or grey and taupe. For an evening boho-chic look, try wearing a little grey dress with a shaggy taupe jacket. Accessorize with silver or gold jewelry, and finish with modern clogs. For a city-chic look, try mixing a vintage cream leather dress with a white transparent mesh polka dot shirt. Both these looks are amazing for an evening event and truly unexpected.



Ashley adds texture by pairing a faux fur grey vest over a vintage leather dress. While Shannon pairs a sheer cranberry blouse with leather leggings.



On their way into Philly Fashion Week, Main Liners (l to r) Lindsey Weber, Rachel Sofish, Ashley Meyers, Alicia Asselta, Stacey Lesage and Shannon David rock this season's trends.

One of this season's hottest color is cranberry. It's a fun take on maroon. For a classic evening look, try mixing cranberry with black. This color combination can work for a night out as well as holiday parties. For a more modern take, try mixing cranberry with a neutral like gold. This will up your sparkle factor for your evening event! For a really high fashion look, wear cranberry in a lace fabric and pair with leather leggings. No matter how you wear this year's cranberry, it's sure to get a ton of compliments.

What's better than a classic all-black look for an evening out? Try mixing up your fabric choices to keep your look fresh, like lace ruffle sleeves and pop of color with your jewelry. Your evening look is not complete until you've added a fun snakeskin clutch!



Lindsey really works the accessories in her all-black evening look. While Alicia captures the perfect combination of cranberry and black with a classic yet modern wrap blouse.

ASHLEY'S NOVEMBER TIPS AND TRENDS

Sunglasses through the winter.

Don't forget to protect your beautiful eyes from the winter sunrays with a pair of fashionable sunglasses. Before you buy your next pair, know your shape face. Most face shapes are either round, square, heart or oval. For a round face, wayfarers and square frames are great. For a square face, round frames are perfect. Heart-shaped faces look nice in aviators. While oval faces can truly pull off all sunglass shapes!

Skin care.

It's important to routinely wear a moisturizer that has SPF in it throughout the entire year. UVA and UVBs are not as strong in the winter, but are still present. You'll thank yourself in a few years.



**Radnor Township School District
2017-2018
Instructional Calendar
School Board Approved – March 28, 2017**

JULY 2017						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AUGUST 2017						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER 2017						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUL 4	District Holiday	All Buildings Closed
AUG 23-24	Teacher Induction	
AUG 28 - 31	Teacher In-Service	No Students K-12
SEP 1	Teacher Flex In-Service	No Students K-12
SEP 4	District Holiday	All Buildings Closed
SEP 5	First Student Day 1-12; Orientation/Screening: K	
SEP 6	Orientation/Screening: K	
SEP 7	First Student Day: K	
SEP 21	Offices Open/No School	No Students K-12
NOV 6	K-8 In-Service	No Students K-8
NOV 7	Teacher In-Service*	No Students K-12
NOV 14	Elementary In-Service*	No Students K-5
NOV 20	Evening Parent Conferences	Full Student Day
NOV 21-22	Parent Conferences*	No Students K-12
NOV 23-24	District Holiday	All Buildings Closed
DEC 25	District Holiday	All Buildings Closed
DEC 26	District Holiday	All Buildings Closed
DEC 27	Offices Open/No School	No Students K-12
DEC 28-29	District Holiday	All Buildings Closed
JAN 1	District Holiday	All Buildings Closed
JAN 15	District Holiday	All Buildings Closed
FEB 16	Teacher In-Service*	No Students K-12
FEB 19	District Holiday	All Buildings Closed
MAR 2	Elementary In-Service*	No Students K-5
MAR 8-9	Parent Conferences (K-5) Elementary New Student Drop-In Registration	No Students K-5
MAR 26-29	Offices Open/No School	No Students K-12
MAR 30	District Holiday	All Buildings Closed
APR 2	K-8 In-Service	No Students K-8
MAY 15	Teacher In-Service*	No Students K-12
MAY 28	District Holiday	All Buildings Closed
JUN 1	Elementary In-Service*	No Students K-5
JUN 13	RHS Graduation	
JUN 14	Last Student/Teacher Day / Early Dismissal (K-12)	
181 Student Days 191 Teacher Days *Proposed ACT 80 Days		
PSSA Testing Window		
April 9-13, 2018 : English Language Arts (3-8)		
April 16-24, 2018 : Mathematics (3-8)		
April 23-27, 2018 : Science (4,8)		
Keystone Testing Window		
Winter: December 4-15, 2017		
Spring: May 14-25, 2018		

Student Snow Make Up Days
 Canceled student days in excess of one (1) will be made up as follows:
 Day 2: June 15 Day 5: June 20
 Day 3: June 18 Day 6: June 21
 Day 4: June 19
If necessary, additional staff make-up days will follow the last in-service day of the school year.

Yellow	District Holiday
Light Blue	K-12 Teacher In-service
Light Green	K-8 Teacher In-service
Light Purple	K-5 Teacher In-service
Light Orange	Offices Open/No School
Light Red	Parent Conferences
Light Blue-Gray	K-12 Early Dismissal
Light Green-Gray	Graduation
Light Orange-Gray	Student Snow Make-Up Day

JANUARY 2018						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

MARCH 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY 2018						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE 2018						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

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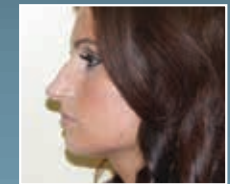
Dr. Jonathan Pontell is a Facial Plastic Surgeon in Wayne, PA with 26 years of experience doing facelifts, rhinoplasties and all aspects of cosmetic surgery of the face and neck.

One of the areas "Top Docs" in Main Line Today, Delaware Today, Philadelphia Superdoctors, Suburban Life Magazine. Dr. Pontell is the leading provider of Ultherapy- Non-Invasive Facelifts on the Main Line.

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AFTER



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The Business of Law: 3 SIGNIFICANT TRENDS

The temperature has dropped, the jackets and boots have re-appeared, and the trees have exploded with celebrations of color as we prepare to say farewell to the year.

It was a year of smart changes for our business clients. Early on in the year, they made honest assessments of their companies, strategies, employees, growth, contracts, and intellectual property. Then, they set

about making the best decisions possible given their particular financial, physical, and resource-based constraints. The choices were often difficult to make, but everyone survived, and most thrived.

In reviewing the year, and looking back over our clients' struggles and triumphs, we noticed three significant trends:

For more information on the topics above, please visit us at www.snyderbusinesslaw.com.

Trend Number One: Fee Schedules

There's a lot of talk about the "Millennial Market" and their buying trends. I fall on the cusp of that group, depending on the particular definition used, and I see a slight but noteworthy change toward up-front pricing in the legal market. Business owners are more consistently choosing a flat fee package over billable hours invoicing, even if the flat fee pricing includes a buffer for the unexpected. The conclusion: Businesses will pay a little extra to transfer the risk of unknowns to the other party.

Trend Number Two: Online Ordering

Simply put, business owners and C-level executives are busy. Sometimes, they're just too bogged down with internal affairs to take time upfront to develop a relationship with a new vendor. We have perceived an up-tick in online orders for trademarks and outsourced counsel. The urgency of completing the project outweighs – and is prioritized over – the relationship component. Of course, a good relationship will always ensue, but only after the first project is efficiently underway.

Trend Number Three: Outsourced General Counsel

The business landscape is always becoming more complex, and smaller and smaller businesses are requiring the help of legal counsel to successfully navigate their risks and opportunities. However, the costs associated with hiring full-time in-house counsel can be beyond the scope and needs for many privately held companies. To keep up with the bigger players, and to protect against avoidable legal mistakes, businesses are more consistently hiring affordable outsourced general counsel to help them grow strategically.



Janelle Snyder, CEO and Managing Partner of SnyderLAW

Janelle Snyder is the CEO and Managing Partner of SnyderLAW, a leading boutique law firm designed to provide the highest quality outsourced legal services to companies at predictable and reasonable rates – a service called **Scribe**. SnyderLAW offers brand building strategies through corporate and intellectual property law, including business entity formation, contracts, joint ventures, trademarks, patents, licensing, and other technology-related transactions.



The Best Assisted Living Facility of All: **Your Home**

Attain the safety and security of assisted living with the highest standards of private in-home care from Home Care Assistance, including:

High-Quality, Reliable Caregivers: Our experienced caregivers receive on-going training through our Home Care University. All must pass national criminal, civil, & driving record checks.

Balanced Care Method: Our caregivers not only assist with basic care needs such as meal preparation, errands & personal care, but also encourage physical activity, socialization and mental stimulation.

Personalized Care: Care Plans are tailored to the status, conditions, preferences, hobbies & lifestyle of each client.



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Welcome Santa with Eadeh Enterprises at the 2017

Berwyn Devon Tree Lighting

Sunday, December 3, 5:30-8:00 pm

Mrs. Claus arrives in her Masarati around 6 pm, followed by **Santa** aboard Berwyn Ladder Truck!

The real, live Prancer will be there for photos!

Children will have an opportunity to tell Santa their Christmas wishes, have their picture taken and get a candy cane!

Local celebrity Adam Joseph will count down with Santa to light the Christmas Tree and pull the winning 50/50 raffle winner of up to \$10,000!

Ring in the season with singing and dancing by Betsy Daily Dance Studio and much, much more!

Berwyn-Devon
BUSINESS ASSOCIATION

Eadeh Enterprises | 511 Old Lancaster Rd, Berwyn PA 19312 | 610-647-1776



2017 Trash/Recycling Schedule

SEPTEMBER				
Monday	Tuesday	Wednesday	Thursday	Friday
4 Holiday	5 Trash D1	6 Trash D2	7 Recycle D1	8 Recycle D2
11 Trash D1	12 Trash D2	13 Yard Waste	14 Recycle D1	15 Recycle D2
18 Trash D1	19 Trash D2	20 Yard Waste	21 Recycle D1	22 Recycle D2
25 Trash D1	26 Trash D2	27 Yard Waste	28 Recycle D1	29 Recycle D2

OCTOBER				
Monday	Tuesday	Wednesday	Thursday	Friday
2 Trash D1	3 Trash D2	4 Yard Waste	5 Recycle D1	6 Recycle D2
9 Trash D1	10 Trash D2	11 Yard Waste	12 Recycle D1	13 Recycle D2
16 Trash D1	17 Trash D2	18 Yard Waste	19 Recycle D1	20 Recycle D2
23 Trash D1	24 Trash D2	25 Yard Waste	26 Recycle D1	27 Recycle D2
30 Trash D1	31 Trash D2			

NOVEMBER				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Yard Waste	2 Recycle D1	3 Recycle D2
6 Trash D1	7 Trash D2	8 Yard Waste	9 Recycle D1	10 Recycle D2
13 Trash D1	14 Trash D2	15 Yard Waste	16 Recycle D1	17 Recycle D2
20 Trash D1	21 Trash D2	22 Yard Waste	23 Holiday	24 Holiday
27 Trash D1	28 Trash D2	29 Yard Waste	30 Recycle D1	

DECEMBER				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 Recycle D2
4 Trash D1	5 Trash D2	6 Yard Waste	7 Recycle D1	8 Recycle D2
11 Trash D1	12 Trash D2	13 Yard Waste	14 Recycle D1	15 Recycle D2
18 Trash D1	19 Trash D2	20 Yard Waste	21 Recycle D1	22 Recycle D2
25 Holiday	26 Trash D1	27 Trash D2	28 Recycle D1	29 Recycle D2

Know what these parts do?

We do, bring it in for all your car needs.

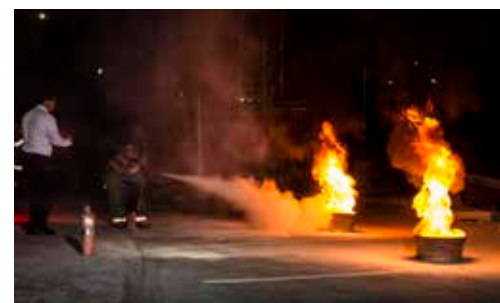
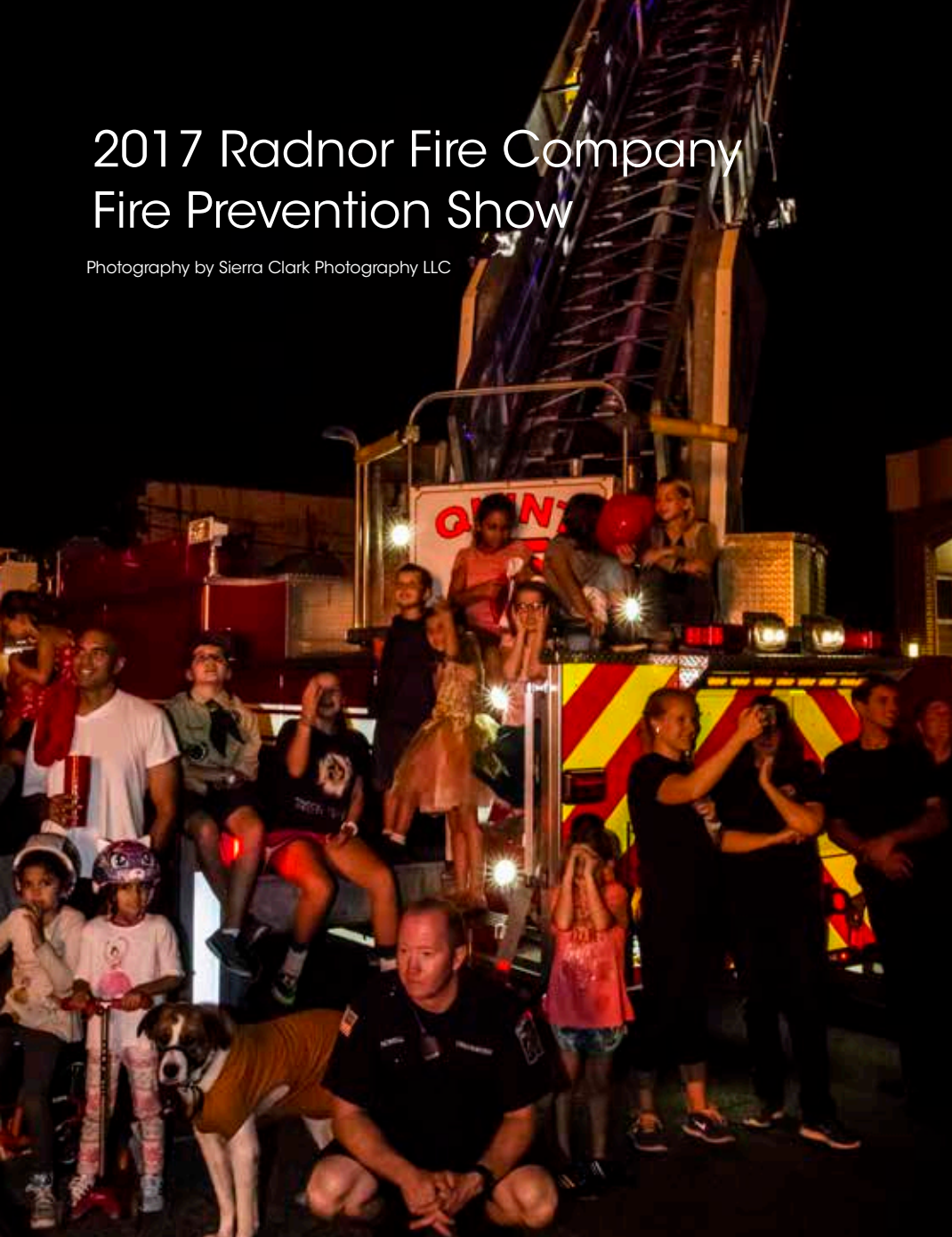


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2017 Radnor Fire Company Fire Prevention Show

Photography by Sierra Clark Photography LLC



Radnor Township Recreation & Community Programming 2017 EVENT SCHEDULE*

- July 4** **Garrett Hill Fourth of July Celebration** *Subject to change
Emlen Tunnell Park
- July 12** **Chico's Vibe Concert**
(Rain Date July 13) Bo Connor Park
- July 26** **Wiffleball Classic**
(Rain Date July 27) Encke Park
- September 17** **Radnor Fall Festival
Active Aging Awareness Event**
North Wayne Avenue/Wayne Senior Center
- October 1** **Fall Harvest Great Pumpkin Patch**
(Rain Date October 8) The Willows Park
- October 27** **Trick or Treat Day**
Radnor Township Building
- October 29** **40th Annual Radnor Run**
Radnor Township Building
- November 25** **Santa's Delivery Gift Drop Off**
Radnor Township Building
- December 9** **Santa's Delivery**
Township-Wide

radnor.com/recreation
610-688-5600

Monzo Media PRODUCTIONS

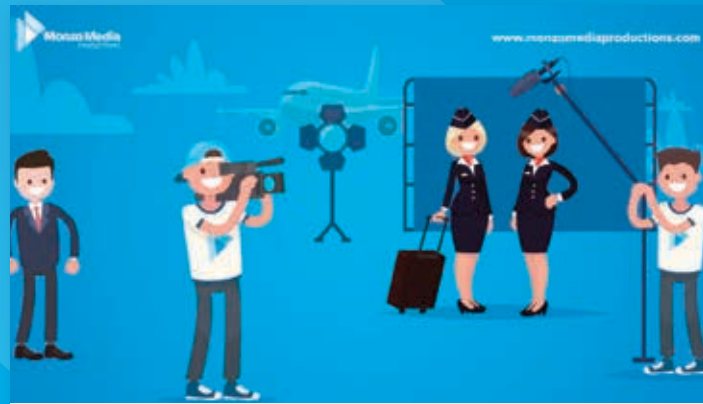
The best way to connect with your customers is to engage them in a story. At Monzo Media Productions, we believe that everyone's story is unique and we set out to tell it through handcrafted business films that will educate and inspire your future clients to buy from you.

Here's how we do it...



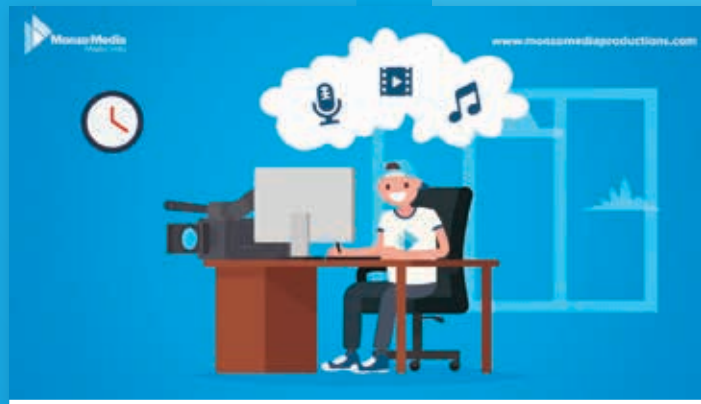
1. Pre-production:

Storyboarding
Interview Scripting



2. Production:

Filming Customer Testimonials
Filming Cinematic B-roll
Filming Interview of Staff/Owner



3. Post-Production:

Editing to Craft a Story
Color Grading
Music



4. Plan of Action:

Video Marketing Plan

Monzo Media Productions

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As a professional sculptor and animal-lover, I've combined my passions and created Everlasting Hug, a 501(c)(3) non-profit charity dedicated to saving the lives of pets that need our help. I've created a unique line of handcrafted pet products that celebrate the amazing love between pets and their humans. Each time you purchase one of these memorable gifts, you are helping to feed, shelter, neuter and medicate a loving pet. We offer figurines, candles, candle holders, pet memorials, tabletop fountains, wall sconces, pet urns, and bereavement items featuring cats, dogs, horses and rabbits. 100% of the profit goes directly to pet rescue, shelters and organizations who support the welfare of pets in need.

Everlasting Hug, Inc Location: Bridgeport, PA
 501c3 (Non-Profit) www.EverlastingHug.org
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